



## **TECHNICAL DATA SHEET FOTOVITA**



## HOW DOES THE PHOTOTHERAPY LAMP WORK?

Sunlight or artificial light with similar parameters is the most powerful external factor regulating the internal human biological rhythms such as sleep and waking, circadian oscillations in the body temperature and circadian rhythm of the secretion of certain hormones. If the abovementioned rhythms are disrupted, people fall ill. Therapy using bright light synchronises internal biological rhythms and allows to recover. The illnesses- due to the disruption of internal human biological rhythms- which may be treated this way are: seasonal affective disorder, sleep disorders related to delaying or hastening sleep, sleep disorders related to shift work and jet lag syndrome.

## **TECHNICAL DATA:**

**PHOTOTHERAPY LAMP** 

Supply voltage	230 V, 50 Hz
Power consumption	80 W
Illuminance	3 200 lx 50 cm from the screen 1 800 lx 75 cm from the screen
Working lifetime of fluorescent lamps	10 000 hours
Emmited light color temperature	5 000 K
Colour rendering index	R <sub>A</sub> >90
Class of protection against electric shock	I
Ingress Protection Code	IP 20
Class for the medical environment	B - home
Group according to PN-EN 55011 Clause 5	1
Overall dimensions (L x W x H)	285 x 195 x 525 mm
Total lamp mass	2.8 kg
Power cord length	3 m, ended with the socket plug
Casing material	white powder laquered metal sheet
Screen material	PMMA
Mounting type	on table top
Switch on/off	built in lamp body
Declaration of conformity	yes
User's manual English version	yes